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## TRAINING SCHEMATIC

## 1. (S/NOFORN) Introduction to Psychic Behavior and the Remote Viewing (RV) Process.

- a. (U) 8 - 12 weeks in duration.
- b. (U) Done at Detachment G.
- c. (S/NOFORN) Includes:
  - (1) Concept\* Orientation (reading and group discussions.)
  - (2) Understanding perceptual modes (reading, group discussions, and practical exercises.)
  - (3) Expanding perceptual modes (practical exercises.)
  - (4) Remote Viewing local targets (Practical exercises.)
  - (5) Understanding "RV" "noise" (reading and group discussions.)
  - (6) Reduction and elimination of RV "noise" (individual counseling and practical exercises.)
  - (7) Introduction to Coordinate Remote Viewing (CRV).
  - (8) Communication and reporting of RV data (group discussions, individual counseling and practical exercises.)

## 2. (S/NOFORN) SRI International CRV Training.

- a. (U) 3 - 12 months in length.
- b. (U) Done at SRI-International, Menlo Park, CA.
- c. (S/NOFORN) Includes:
  - (1) Recognition and decoding of target gestalts.
  - (2) Acceptance of sensory signals of target.
  - (3) Achieving mobility within target signals.
  - (4) Recognition and decoding minor signals while sustaining major gestalts.

\*Denotes continuing process not limited to one phase of training.

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- (5) Decoding special characteristics of target.
- (6) Analytical recognition and decoding of non-physical aspects of the target.
- (7) Total perceptual identity with target.
- 3. (S/NOFORN) Preparation for Operational Remote Viewing.
  - a. (U) 4 - 12 weeks in duration.
  - b. (U) Done at Detachment G.
  - c. (S/NOFORN) Includes:
    - (1) Remote Viewing alternate time windows (practical exercise.)
    - (2) Target cuing with photographs (practical exercise.)
    - (3) Future RV and event prediction (practical exercise.)
    - (4) Target cuing with sealed envelopes (practical exercise.)
    - (5) Search problems (practical exercise.)
    - (6) HUMINT Assessments (practical exercise.)
    - (7) Predictive collection targeting (practical exercise.)
    - (8) Past event reporting (practical exercise.)
- 4. (U) Operational employment.
- 5. (U) Advanced Individual Training.
  - a. (U) 2 - 4 years in duration.
  - b. (U) Done at Detachment G and designated organizations.
  - c. (S/NOFORN) Includes:
    - (1) Identification of individual PSI Conducive States of Awareness (testing and practical exercise.)
    - (2) Autogenic Control of PSI Conducive States (Biofeedback, Monroe Training, and Practical exercise.)
    - (3) Gansfield environment RV (practical exercise.)

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3.

(4) Reduction of neuromuscular "noise" (biofeedback, Jacobson Relaxation training, Monroe training, practical exercise.)

(5) Advanced relaxation/concentration (Monroe training and practical exercise.)

(6) Mastering production of mental imagery (Monroe training, guided imagery exercises, and practical exercises.)

6. (S/NOFORN) PK Training.

a. (U) 12 - 18 months in duration.

b. (U) Done at Detachment G and other designated organizations.

c. (S/NOFORN) Includes:

(1) Manipulation of low level biolife forms (Virus.)

(2) Manipulation of mid level biolife forms (Plants.)

(3) Manipulation of high level biolife forms (Humans.)

(4) Manipulation of electromagnetic energies (Computers.)

(5) Manipulation of photo energies (Lasers.)

(6) Manipulation of atomic energies (Bohems forces.)

(7) Remote PK.

(8) PK in alternate time windows.

7. (U) Advanced Concepts Training.

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